

Bestsellers - Books

New Books

Perception Deception

Or... It's ALL Bollocks – yes, ALL of it.

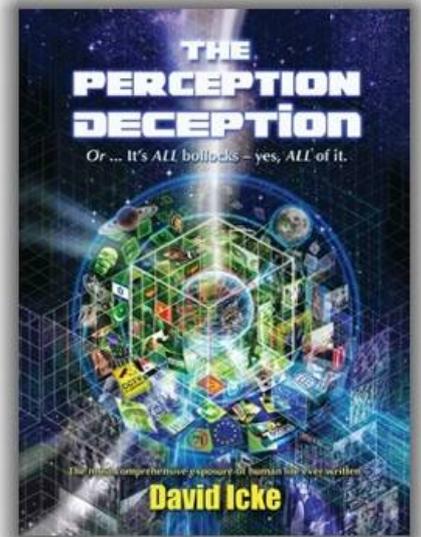
David Icke

David Icke, the world's most controversial author, has spent the last quarter of a century unravelling the secrets of the Universe, reality and the forces that manipulate our world. What was once ridiculed and dismissed is now being confirmed again and again as Icke, a figure of fun for so long, is acknowledged as a man way ahead of his time.

In this massive work of 435,000 words, 900 pages and more than 800 illustrations, Icke lays out in dot-connected detail a lifetime of research and insight about our 'computer'-simulated reality, the holographic universe and the hidden non-human forces that are manipulating human life via hybrid bloodline families and networks into a global Orwellian state of total control.

What Icke exposes across a vast range of connected subjects, people and events provides the tools and awareness for humanity to stop this unfolding nightmare and restore the world to what it once was and will be again – a place of love, harmony, peace and awakened consciousness.

As Icke says: 'I can now see that my whole life has been leading to this book.' *The Perception Deception* is destined to be a work recorded by history as the masterpiece that changed the world.

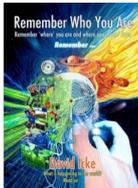


9780955997389

TPB 900 Pgs + Illustrations

R650.00

Published by David Icke Books



Remember Who You Are

David Icke
 9780955997334, TPB
 R465.00
 David Icke Books



Remember Who You Are DVD

David Icke
 9780955997365, DVD
 R660.00
 David Icke Books

Backlist

Books

9780955997334

9780955997310

9780953881086

9780953881062

9780953881048

9780953881024

9780953881017

9780952614760

9780953881055

9780952614753

All published by David Icke Books

Remember Who You Are

Human Race Get Off Your Knees

The David Icke Guide to the Global Conspiracy

Infinite Love is the Only Truth, Everything Else is Illusion

Tales From the Time Loop

Alice in Wonderland and the World Trade Center Disaster

Children of the Matrix

The Biggest Secret

& The Truth Shall Set You Free Revised

I Am Me I Am Free

R465.00

R465.00

R420.00

R310.00

R375.00

R375.00

R375.00

R375.00

R375.00

R250.00

DVDs

9780955997365

9780955997327

9780955997303

9780953881079

709629904736

709629904729

All published by David Icke Books

809573961691

Published by Sacred Mysteries

Remember Who You Are DVD

The Lion Sleeps No More DVD

Beyond the Cutting Edge DVD

Freedom or Fascism DVD

The Reptilian Agenda DVD

Revelations of a Mother Goddess DVD

Radical Truth: Knowledge & Revolution DVD

R660.00

R640.00

R560.00

R560.00

R595.00

R280.00

R420.00

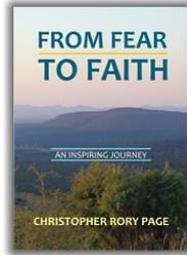
New Books (cont)

From Fear to Faith

An Inspiring Journey
Christopher Rory Page

Two bodies, two souls and an inspiring four way conversation between two contrasting mortals as they journey through the African bush and discover the way from Fear to Faith. *From Fear to Faith* is an inspiring story and teaches as much as it entertains. Light hearted moments dispersed with simple truths make it a must read for anyone who aims to minimise the fears in their lives which prevent them from being who they were born to be.

9780620577724 TPB 226 Pgs R195.00
Published by African Inspiration

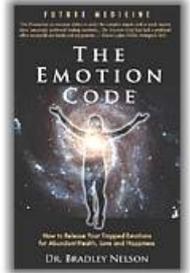


Emotion Code

How to Release Your Trapped Emotions
for Abundant Health, Love and Happiness
Bradley Nelson

Dr. Nelson skillfully lays bare the inner workings of the subconscious mind. He reveals how emotionally-charged events from your past can still be haunting you in the form of "trapped emotions"; emotional energies that literally inhabit your body. *The Emotion Code* is a powerful and simple way to rid yourself of unseen baggage. Releasing trapped emotions often results in the disappearance of physical problems, self-sabotage, and recurring relationship difficulties.

9780979553707 TPB 384 Pgs R295.00
Published by Wellness Unmasked Publishing

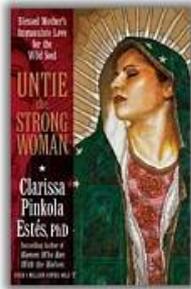


Untie the Strong Woman

Blessed Mother's Immaculate
Love for the Wild Soul
Clarissa Pinkola Estés

Untie the Strong Woman is Dr. Estés' invitation to come together under the shelter of The Mother. Why does the face of Our Lady appear in the most humble and unexpected places? Why does she burst forth into every culture no matter how hard authority tries to suppress her? It is because no bonds can prevent her from returning to those who need her most. Dr. Estés invites you to encounter the force of Immaculate Love.

9781622030729 TPB 392 Pgs R295.00
Published by Sounds True

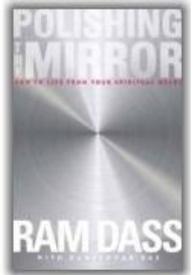


Polishing the Mirror

How to Live From Your Soul
Ram Dass

With *Polishing the Mirror*, Ram Das gathers together his most essential practice-based guidance for living fully in the here and now. Readers will find within these pages a rich combination of perennial wisdom, humour, teaching stories, and detailed "nuts-and-bolts" instruction on his most valued spiritual practices.

9781604079678 HC 224 Pgs R330.00
Published by Sounds True

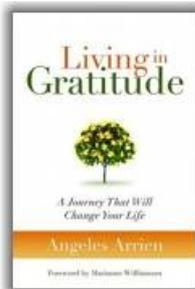


Living in Gratitude

A Journey That Will Change Your Life
Angeles Arrien

What would happen if you made gratitude your focal point for one full year? With *Living in Gratitude*, Angeles Arrien invites you to find out. Integrating the latest teachings from social science with stories, prayers, and practices from cultures and traditions spanning the globe, she presents a 12-month plan for making gratitude your foundation for daily living.

9781604079845 TPB 312 Pgs R240.00
Published by Sounds True



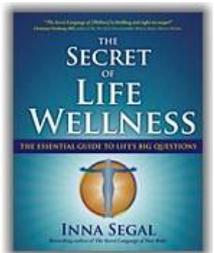
The Secret of Life Wellness

The Essential Guide to Life's Big Questions

Inna Segal

Heal your body, connect to your inner wisdom, create the life you'll love, and discover your purpose by diving into life's deepest questions with the creator of Visionary Intuitive Healing®, Inna Segal. She goes beyond physical healing to demonstrate that life wellness reflects health wellness. By answering twenty-one of life's biggest questions, Segal guides you through every stage of your personal wellbeing and invites us all to look within to find answers.

9781582702865 TPB 288 Pgs R320.00
Published by Beyond Words

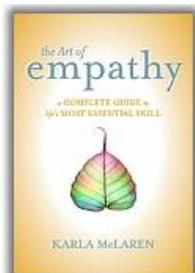


Art of Empathy

A Complete Guide to Life's Most Essential Skill
Karla McLaren

What if there were a single skill that could directly and radically improve our relationships and our emotional lives? Empathy, teaches Karla McLaren, is that skill. This acclaimed author teaches us how to perceive and feel the experiences of others with clarity and authenticity - to connect with them more deeply and effectively. *The Art of Empathy* brings readers welcome, practical guidance for mastering this essential life skill.

9781622030613 TPB 392 Pgs R285.00
Published by Sounds True

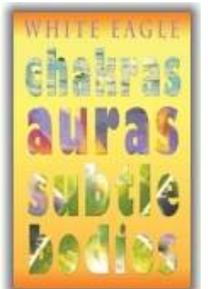


Chakras, Auras, Subtle Bodies

White Eagle

A remarkably comprehensive guide to its subject, both to the student of ancient wisdom and to the follower of White Eagle's remarkable teaching - coming as it does from the subtle world itself. *Chakras, Auras, Subtle Bodies* can also be used as a guide to spiritual unfoldment, for it shows how a steady development of awareness - one that begins, always, in the heart chakra - brings the subtle body to life.

9780854872312 TPB 192 Pgs R195.00
Published by White Eagle

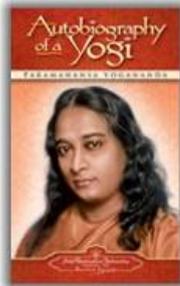


Backlist – Books

Autobiography of a Yogi Paramahansa Yogananda

An absorbing account of a singular search for Truth and a comprehensive introduction to the science and philosophy of Yoga, revealing the underlying unity of the great religions of East and West. First published in 1946, revised by Paramahansa Yogananda before he died in 1952. Now a classic and available in paperback.

9780876120798 PB 578 Pgs R135.00
Published by Self Realization Fellowship

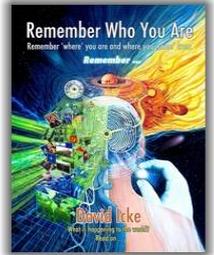


Remember Who You Are

David Icke

David connects the dots between apparently unconnected people, subjects and world events like never before. The key is in the title. We are enslaved because we identify self with our body and our name, when these are only vehicles and symbols for what we really are - Infinite Awareness, Infinite Consciousness. We are imprisoned in the realms of the five senses and "little me" when we are *All That is*.

9780955997334 TPB 462 Pgs + Illus R465.00
Published by David Icke Books

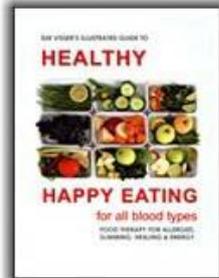


Healthy Happy Eating for All Blood Types

Sue Visser

Enjoy the art of therapeutic cooking and eating. This practical picture guide is for the whole family. Busy mothers, husbands and children can all make quick and easy meals that are healthy and delicious. Learn to eat what suits you best. Eat the right food and you don't get fat or sick.

9780958458382 Large TPB 160 Pgs + Colour Photos R250.00
Published by Nature Fresh

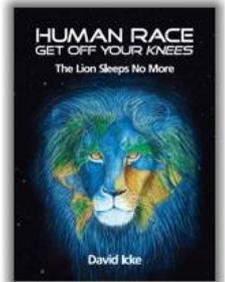


Human Race Get Off Your Knees The Lion Sleeps No More

David Icke

Icke takes the manipulation of the human race and the nature of reality to still new levels of understanding and he calls for humanity to rise from its knees and take back the world from the sinister network of families and non-human entities that covertly control us from cradle to grave. This book is life-changing, reality changing and its information, if acted upon, will set us free.

9780955997310 TPB 750 Pgs R465.00
Published by David Icke Books

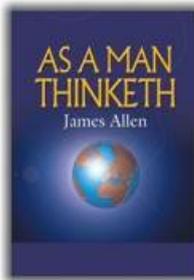


As A Man Thinketh

James Allen

As A Man Thinketh has long been read by millions of people seeking joy, success, and health through the power of thought and its effect on life. Allen insists upon the power of the individual to form his own character and to create his own happiness. Thought and character are one, he says, and as character can only manifest and discover itself through environment and circumstance, the outer conditions of a person's life will always be found to be harmoniously related to his inner state.

9781864762006 TPB 128 Pgs R110.00
Published by Axiom

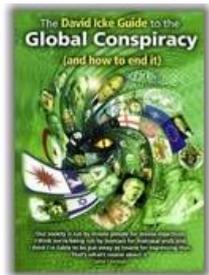


The David Icke Guide to the Global Conspiracy (and how to end it)

David Icke

Icke investigates and examines many subjects and aspects of the "conspiracy" and "connects the dots". The picture that appears once you understand how it all fits together is astounding. This is the book that will wake up the masses and reveal at last in an undeniable way the incredible level of control a covert and evil controlling force has had over humanity for thousands of years.

9780953881086 TPB 500 Pgs R420.00
Published by David Icke Books



As A Man Thinketh James Allen

9780875160009 Pocket PB 68 Pgs R 55.00

Published by DeVorss

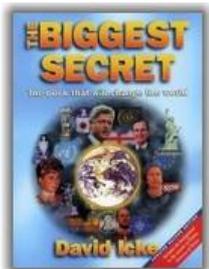


Biggest Secret

David Icke

Every man, woman and child on the planet is affected by the stunning information that Icke exposes. He reveals in documented detail, how the same interconnecting bloodlines have controlled the planet for thousands of years. How they created all the major religions and suppressed the spiritual and esoteric knowledge that will set humanity free from its mental and emotional prisons.

9780952614760 TPB 518 Pgs R375.00
Published by David Icke Books



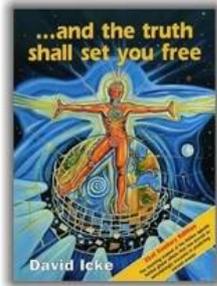
Backlist – Books (cont)

& The Truth Shall Set You Free

David Icke

Icke lifts the veil on an astonishing web of interconnected manipulation to reveal that the same people, secret societies and organizations control the daily direction of our lives. They engineer the wars, terrorist outrages and political assassinations; they control the world market in hard drugs and the media indoctrination machinery. Every global negative event of the 20th Century and earlier can be traced to the same Global Elite.

9780953881055 TPB 492 Pgs R375.00
Published by David Icke Books

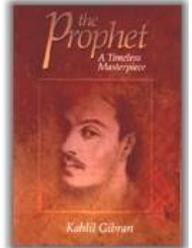


**The Prophet
A Timeless Masterpiece**

Kahlil Gibran

The Prophet, an international bestseller and translated into over fifty languages, is the best-known and best-loved of Kahlil Gibran's many spiritual and religious writings. Inspired largely by the beauty and timelessness of nature, *The Prophet* speaks of love and marriage, joy and sorrow, reason and passion, beauty and death, and conveys the yearning for a Unity of Being that can only be achieved through love.

9781864760118 TPB 96 Pgs R110.00
Published by Axiom

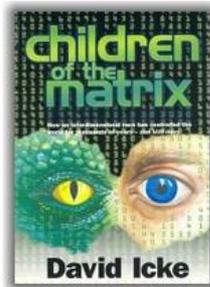


Children of the Matrix

David Icke

Our world is controlled by unseen forces that have plagued and manipulated humanity for thousands of years. Icke exposes these forces and their methods of human control and he claims to reveal a fantastic web of global manipulation, orchestrated by forces beyond this physical realm. He exposes the hidden bloodlines, through which other-dimensional entities live and operate unseen among us.

9780953881017 TPB 494 Pgs R375.00
Published by David Icke Books

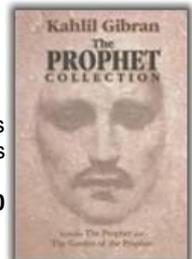


Prophet Collection

Kahlil Gibran

The Prophet, Kahlil Gibran's enduring classic, is coupled here with *The Garden of the Prophet*. It was written after an interval of ten years.

9781864760859 TPB 128 Pgs R110.00
Published by Axiom

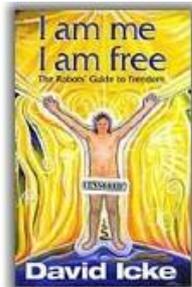


I Am Me I Am Free

David Icke

David Icke shows how shallow and ridiculous are the fears, guilts, resentments and limitations which blight the lives of humankind, and he offers the key to mental and emotional liberation. Icke reveals staggering information about the almost unspeakable activities of world famous politicians and entertainers. This devastating expose of the human condition and those who manipulate the human mind is a getaway car for the psyche.

9780952614753 TPB 200 Pgs R250.00
Published by David Icke Books

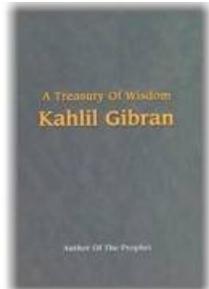


A Treasury of Wisdom

Kahlil Gibran

The beautiful, poetic and timeless writing of Kahlil Gibran sets forth a profound philosophy of life and of living. Selected from his published works, this collection will be a welcome addition to those who are already familiar with Gibran's writings.

9781864760651 TPB 128 Pgs R110.00
Published by Axiom

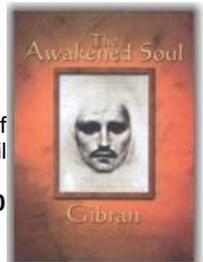


The Awakened Soul

Kahlil Gibran

The timeless wisdom, humanity and bold sweep of his writing clearly emerges in this collection by Kahlil Gibran whose writing is highly romantic.

9781864760811 TPB 134 Pgs R110.00
Published by Axiom

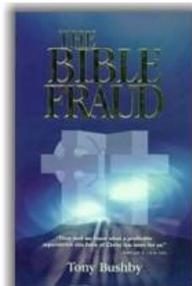


The Bible Fraud

Tony Bushby

The truth is revealed... provocative, controversial and challenging. Tony Bushby spent 12 years in full-time research scrutinizing ancient manuscripts in archival libraries around the world, many inaccessible to the general public and seldom accessed. Emperor Constantine created the Christian religion in 325 AD by calling together the first Christian Council at Nicaea. Read how the various truths were melded into one official doctrine.

9780957900714 TPB 272 Pgs
Published by Joshua Books



R145.00

Rumi

Selections from the Masnavi

The selections in this book are taken from Rumi's epic poem 'Masnavi'. Rumi is widely considered to be one of literature's greatest mystic poets.

9781864763096 TPB 128 Pgs R110.00
Published by Axiom



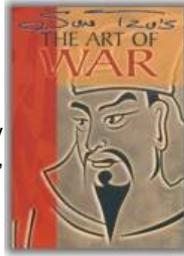
Backlist – Books (cont)

Sun Tzu's The Art of War

Sun Tzu

This book lays out the rules for dealing successfully with every competitive situation; whether it be war, work or politics. The text originated in China.

9781864761689 TPB 128 Pgs R110.00
Published by Axiom

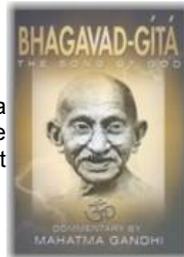


Bhagavad-Gita

Mahatma Ghandi

This book is translated into English by Mahatma Gandhi. He claims that those who meditate on the Gita will derive fresh joy and new meaning from it every day.

9781864761702 TPB 128 Pgs R110.00
Published by Axiom

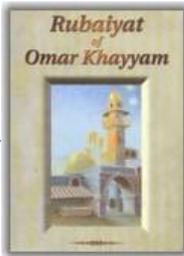


Rubaiyat of Omar Khayyam

Omar Khayyam

The Rubaiyat, or the testament, of the 12th century Persian poet, was first translated into English and published in 1859 by Edward Fitzgerald.

9781864760798 TPB 108 Pgs R110.00
Published by Axiom

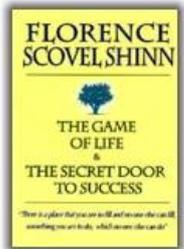


Game of Life & Secret Door to Success

Florence Scovel Shinn

Two books to help you change the way you see yourself and all about you. Thousands before you have read their simple message.

9781864763102 TPB 128 Pgs R110.00
Published by Axiom

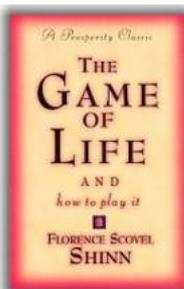


The Game of Life and How To Play It

Florence Scovel Shinn

The world's most celebrated "success" book and guide on how to "WIN" in life through positive attitudes and affirmations. First published in 1925, this book has inspired thousands of people around the world to find a sense of purpose and belonging. It asserts that life is not a battle but a game of giving and receiving, and that whatever we send out into the world will eventually be returned to us. This little book will help you discover how your mind and its imaging faculties play leading roles in the game of life.

9780875162577 TPB 96 Pgs R 80.00
Published by DeVorss



Anastasia (Ringing Cedars Bk 1)

Vladimir Megré, Translated by Dr. L Sharashkin

Anastasia tells the story of Megré's trip to the Siberian taiga in 1995, where he witnessed incredible spiritual phenomena connected with sacred "ringing cedar" trees. Here he discovered a young woman named Anastasia, living alone deep in the forest. He spent three days with her during which she displayed the most extraordinary physical, mental and psychic powers. She also shared with him her unique outlook on a vast range of subjects.

9780980181203 TPB 264 Pgs R260.00
Published by Ringing Cedars Press



Ringing Cedars of Russia Series

Vladimir Megré

Translated by Dr. L Sharashkin

These internationally bestselling books present an incredibly beautiful and equally practical vision of humanity's spiritual connection to Nature that helps us understand ourselves and heal our Earth.

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|---------------|----------------------------------|---------|
| 9780980181203 | Anastasia (1) | R260.00 |
| 9780980181210 | The Ringing Cedars of Russia (2) | R260.00 |
| 9780980181227 | The Space of Love (3) | R260.00 |
| 9780980181234 | Co-Creation (4) | R260.00 |
| 9780980181241 | Who Are We? (5) | R260.00 |
| 9780980181258 | The Book of Kin (6) | R260.00 |
| 9780980181265 | The Energy of Life (7) | R260.00 |
| 9780980181272 | The New Civilisation (8.1) | R260.00 |
| 9780980181289 | Rites of Love (8.2) | R260.00 |

Published by Ringing Cedars Press



The Art of Soaring

Vladimir Dolokhov and Vadim Gurangov

Translated by Dr. L Sharashkin

Revealing potent ancient techniques for manifesting your reality through humour, the book has sold over one million copies in Russia. Changing your life on the spot has never been so much fun! Simple and irresistibly positive, it makes you feel lighter, and as you start using this amazing wisdom, get ready for miracles and laughter to enter your everyday life!

9780984287314 TPB 240 Pgs R225.00
Published by Deep Snow Press



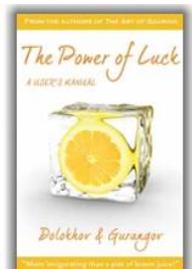
The Power of Luck

Vladimir Dolokhov and Vadim Gurangov

Translated by Dr. L Sharashkin

This book's mind-bending and efficient techniques expand our vision of what can be achieved in this life – and how. With its tantalizing real-life stories and a veritable avalanche of everyday "magic", *The Power of Luck* unveils an ancient tradition of dissolving any problems in humour, laying a path to laughter, freedom, and power. Put luck to work and let your results speak for themselves!

9780984287321 TPB 272 Pgs R225.00
Published by Deep Snow Press



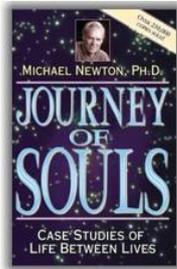
Backlist – Books (cont)

Journey of Souls
Case Studies of Life Between Lives

Michael Newton

In this groundbreaking book, 29 subjects under hypnosis reveal graphic details about how it feels to die, what the spirit world is really like, where the soul goes and what it does there, why souls come back in certain bodies, how to recognize soul mates, and more. They confirm the existence of an immortal soul whose journey between lives confers meaning on our earthly existence.

9781567184853 TPB 288 Pgs R225.00
Published by Llewellyn

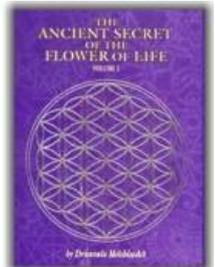


The Ancient Secret of the Flower of Life Vol. 1

Drunvalo Melchizedek

Once, all life in the universe knew the Flower of Life as the creation pattern - the geometrical design leading us into and out of physical existence. Then from a very high state of consciousness we fell in darkness and forgot who we were. Here Drunvalo Melchizedek presents in text and graphics the first half of the Flower of Life Workshop, illuminating the mysteries of how we came to be, why the world is the way it is and the subtle energies that allow our awareness to blossom into its true beauty.

9781891824173 Large TPB 228 Pgs R395.00
Published by Light Technology



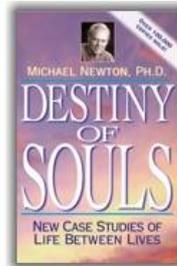
Destiny of Souls

New Case Studies of Life Between Lives

Michael Newton

Explore the meaning behind your own spiritual memories as you read the stories of 67 people in deep hypnosis who tell about our purpose on earth, soulmates, links between soul groups and human families, why we choose certain bodies, soul recreation, and ways spirits connect with and comfort the living.

9781567184990 TPB 432 Pgs R235.00
Published by Llewellyn

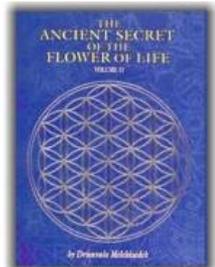


The Ancient Secret of the Flower of Life Vol. 2

Drunvalo Melchizedek

Drunvalo shares the instructions for the Mer-Ka-Ba meditation, step-by-step techniques for the recreation of the energy field of the evolved human, which is the key to ascension and the next dimensional world. If done from love, this ancient process of breathing prana opens up for us a world of tantalizing possibility in this dimension.

9781891824210 Large TPB 168 Pgs R395.00
Published by Light Technology



Memories of the Afterlife

Life-Between-Lives Stories of Personal Transformation

Michael Newton

Newton returns as the editor and analyst of a series of amazing case studies that highlight the profound impact of spiritual regression on people's everyday lives. They feature case studies of real people embarking on life-changing spiritual journeys after recalling their memories of the afterlife: reuniting with soul mates and personal spirit guides, and discovering the ramifications of life and body choices, love relationships, and dreams by communing with their immortal souls.

9780738715278 TPB 336 Pgs R270.00
Published by Llewellyn

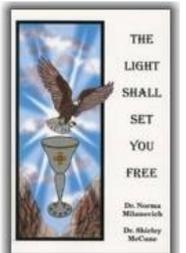


The Light Shall Set You Free

Norma J Milanovich & Shirley McCune

The Ascended Masters state this book is destined to transform the world. Contained within these pages are some of the greatest spiritual teachings from the ancient mystery schools, plus instruction on how to apply these teachings to our everyday lives. Some of the information revealed here has not been made available before now. All of the information, if applied to our everyday lives, has the power to revolutionize the world.

9780962741777 TPB R350.00
Published by Athena Press



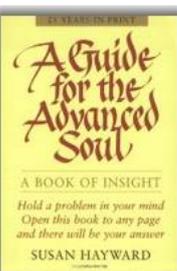
Guide for the Advanced Soul

A Book of Insight

Susan Hayward

As people struggle to break free of personal problems in life, the tendency to rely on old, familiar patterns prevents them from exploring new solutions. It is times like these that a fresh perspective is needed to shed new light on a situation that will point the soul down a new path. A *Guide for the Advanced Soul* was created just for this purpose, to be consulted in times of indecision and crisis so people can gain a new understanding of their questions, and to provide guidance.

9780875168630 TPB 232 Pgs R195.00
Published by DeVorss

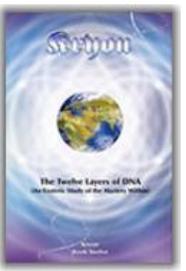


Kryon Book 12
The Twelve Layers of DNA

Lee Carroll

An esoteric breakthrough. Although DNA is our chemical blueprint, the Human Genome Project found that over ninety percent of it is not coded. Kryon offers a full revelation of the twelve layers, or energies, of DNA. Could it be that our entire Akashic record is carried in our DNA? As Lee Carroll writes in the introduction: This DNA "system of sacredness and purpose...knocks you over with an overall message of love and appropriateness. You can't read this book and not be aware of your magnificent place in the Universe."

9781933465050 TPB 336 Pgs + Illustrations
Published by Platinum Publishing



R225.00

Backlist – Books (cont)

As We Think, So We Are

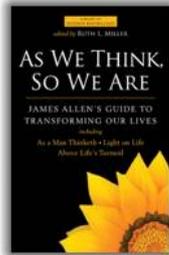
James Allen's Guide to Transforming Our Lives

James Allen, edited by Dr. Ruth L. Miller

Allen effectively launched the self-help movement in 1902 with the publication of *As a Man Thinketh*, outlining his belief in the transformative power of thought, the basis for such work as Rhonda Byrne's *The Secret*. *As We Think, So We Are* presents the original text of some of Allen's most powerful essays along with modern adaptations by Dr. Miller. Using concise, easy-to-understand language, Dr. Miller brings Allen's powerful message to today's readers.

9781582703756 HC 240 Pgs R250.00

Published by Beyond Words



As a Woman Thinketh

James Allen's Classic *As a Man Thinketh*

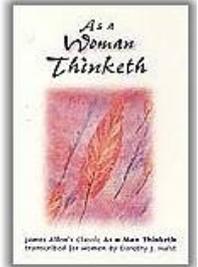
Transcribed for Women

Dorothy Hulst

Hulst was inspired by the content of Allen's book *As a Man Thinketh* but tired of the mental exercise required to substitute feminine equivalents for masculine terms. Using a pencil, she crossed out all masculine references, replacing them with feminine words. The result, *As A Woman Thinketh*, allows women to identify directly and personally with Allen's concepts.

9780875164830 TPB 64 Pgs R 95.00

Published by DeVorss



The New Master Key System

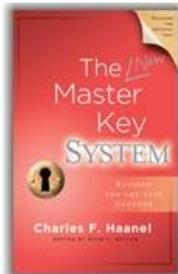
Revised for the 21st Century

Charles F. Haanel, edited by Ruth Miller

The *Master Key System* is one of the books that inspired the bestseller, *The Secret*. This current version of the book remains true to its original form. Each lesson contains exercises to train and develop your mental skills as well as a summary of all the chapter points. *The Master Key System* originally was to be read at the slow pace of one chapter per week. Follow these instructions and watch as your thoughts turn into a new exciting reality.

9781582701905 HC 464 Pgs R265.00

Published by Beyond Words



The Secret Language of Your Body

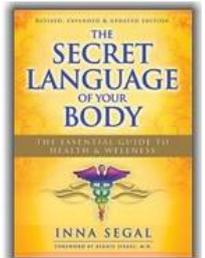
The Essential Guide to Health & Wellness

Inna Segal

Revised edition. Segal unveils the secrets to understanding the messages of your body and reveals the underlying mental, emotional, and energetic causes of physical symptoms and medical conditions. This inspiring handbook delves deeply into the possible reasons for health issues in all areas of your body. Inna offers a unique, step-by-step method to assist your body in returning to its natural state of health.

9781582702605 Large TPB 288 Pgs R295.00

Published by Beyond Words



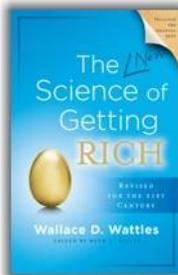
The New Science of Getting Rich

Wallace D. Wattles

Becoming rich is not a matter of environment or talents. Money and property come to people as a result of them doing things in a certain way. This is a natural law - the Law of Attraction - that specific actions always produce like effects. As a result, anyone who learns to do things in a certain way will ultimately become prosperous. Written almost one hundred years ago, *The Science of Getting Rich* has been updated to include a modern version of the book's lessons. Its vital message continues to emphasize that everyone has the ability to gain unlimited wealth.

9781582701882 HC 192 Pgs

Published by Beyond Words



R195.00

**How to Achieve
Glowing Health & Vitality**

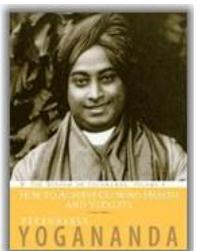
The Wisdom of Yogananda Vol. 6

Paramhansa Yogananda

Yogananda offers practical, wide-ranging, and fascinating suggestions on how to have more energy and to live a radiantly healthy life. The principles in this book promote physical health and all-round well-being, mental clarity, and ease and inspiration in your spiritual life. Readers will discover: Energization Exercises for rejuvenating the body and mind; The art of conscious relaxation; Diet tips for health and beauty.

9781565892569 TPB 144 Pgs R180.00

Published by Crystal Clarity



The New Game of Life

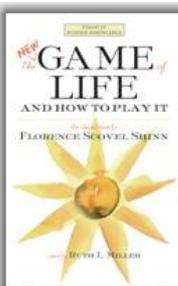
and How to Play It

Florence Scovel Shinn

Florence Scovel Shinn's distinct philosophy and practical approach are accessible to all with enlightening affirmations and action-based advice throughout her essays. Each chapter addresses the laws of prosperity, the power of intuition, forgiveness, love, and other perennial topics. *The New Game of Life* is full of simple and easy ways for readers to put the Law of Attraction into action.

9781582703749 HC 256 Pgs R240.00

Published by Beyond Words



Your Mind Can Heal You

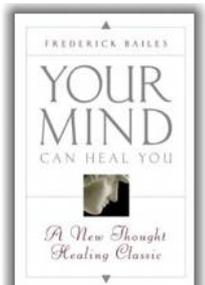
A New Thought Healing Classic

Frederick Bailes

A Clear and Concise Introduction to the Technique of Mental and Spiritual Healing. Dr Bailes cured himself of a life-threatening illness by erasing destructive thought-patterns and replacing them with thought-patterns that create wellness.

9780875162010 TPB 206 Pgs R225.00

Published by DeVorss



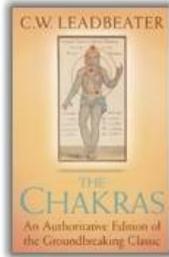
Backlist – Books (cont)

The Chakras

An Authoritative Edition of the Groundbreaking Classic
CW Leadbeater

2nd edition which includes new material by Anodea Judith and Kurt Leland. First published in 1927, this book introduced the chakras to the West. Leadbeater explains what each chakra means regarding our well-being, insight, and personal power, with colour illustrations showing the chakras as they actually appear to those who can see them. Anyone can perceive the chakras, he says, by attuning to vibrations finer than those we normally sense.

9780835609128 TPB 160 Pgs R240.00
Published by Quest Books

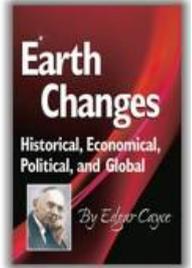


Earth Changes

Historical, Economical, Political, and Global
Edgar Cayce

All the Cayce readings dealing with earth changes are now available in one volume. This material is insightful and discusses physical changes, economic changes and changes in global consciousness which Cayce saw as our collective destiny. Also included are changes that he foretold which may have been either "wrong" or "prevented" as well as those which have yet to occur.

9780876047224 TPB 176 Pgs R240.00
Published by ARE Press

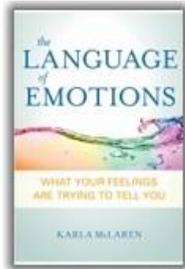


The Language of Emotions

What Your Feelings Are Trying to Tell You
Karla McLaren

Emotions hold a tremendous amount of energy. We've all seen what happens when we repress or blindly express them. Empathic counselor McLaren shows you how to meet your emotions and receive their life - saving wisdom to safely move toward resolution and equilibrium. Through experiential exercises covering a full spectrum of feelings from anger, fear, and shame to jealousy, joy, and more, you will discover how to work with your own and others' emotions with fluency and expertise.

9781591797692 TPB 416 Pgs R285.00
Published by Sounds True

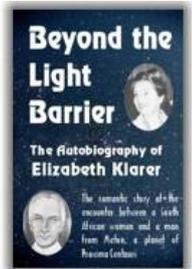


Beyond the Light Barrier

Elizabeth Klarer

The autobiographical story of the encounter of a Cambridge-trained meteorologist with a man from outer space. He was Akon, an astrophysicist living on Meton, one of the planets of Proxima Centauri. She was taken in his spaceship to Meton where she lived with his family for four months, and where their son was born. Her life on Meton is fascinatingly described. He brought her back to Earth and continued to visit her until 1963, when his scientific work in these parts was completed. Akon explained to her in detail the light-propulsion system used in his spacecraft, which is fully set out in her book.

9780620319058 TPB 244 Pgs with pictures
Published by New Vision Publishing



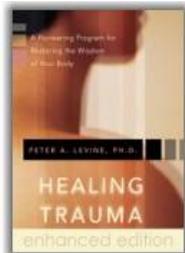
R150.00

Healing Trauma (TPB+CD)

A Pioneering Program for Restoring the Wisdom of Your Body
Peter A Levine

Levine gives you this how-to guide for using the theory he introduced in his highly acclaimed work *Waking the Tiger*. Join him to discover: how to develop body awareness to "renegotiate" and heal traumas by "revisiting" them rather than reliving them; emergency "first-aid" measures for times of distress; and nature's lessons for uncovering the physiological roots of your emotions.

9781591796589 TPB 104 Pgs + CD 60 Min R225.00
Published by Sounds True

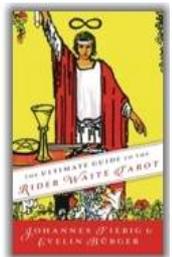


The Ultimate Guide to the Rider Waite Tarot

Johannes Fiebig & Evelin Burger

Discover everything you ever wanted to know about the world's most popular tarot deck. This book details the ten most important symbols on each and every card in the deck complete with hundreds of illustrations for easy use. Writing in a convenient format designed for quick reference, Fiebig and Bürger also provide tips and facts to improve your reading right away.

9780738735795 TPB 216 Pgs + Illus. R295.00
Published by Llewellyn

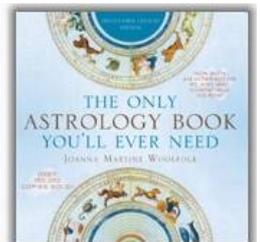


The Only Astrology Book You'll Ever Need - 21st Century Ed

Joanna M Woolfolk

Everyone's favourite astrology book! Includes a PC- and Mac-compatible CD-rom where you can create your own chart. This new edition still includes detailed information about how to cast your own chart the old-fashioned way and, more importantly, how to interpret it once you're finished. And the CD-rom allows the reader to cast his or her chart in just a few minutes by inputting the date, time, and place of birth into the computer, producing a personalized astrological chart.

9781589796539 TPB 504 Pgs + Illus. + CD-Rom R320.00
Published by Taylor Trade Publishing



The Path of Centering Prayer

Deepening Your Experience of God
David Frenette

Prayer is the silent, loving communion with the divine, beyond words or ritual. With Father Thomas Keating's book *Open Mind, Open Heart*, hundreds of thousands discovered the transformative power of Centering Prayer as a form of Christian meditation. Now, with *The Path of Centering Prayer*, Keating's senior student and advisor David Frenette reveals the depths of this practice, making it easier for meditators to deepen their connection with God.

9781604076738 HC 234 Pgs R375.00
Published by Sounds True

