

Bestsellers - CDs

Top New Releases – CDs

Meditation CD

Practicing Presence in Every Moment of Your Life

Eckhart Tolle

Is it possible for meditation to be utterly effortless? To experience the depths of being in any given moment of our lives - not just while we practice? Not only is it possible, explains Tolle, but it is the very way we come to touch the essence of meditation. He discusses the many methods of meditation and their shared purpose: accessing the richness and power of pure presence.

9781604078572

2 CDs 89 Min

R295.00

Published by Sounds True



Inspiration Meditations 1 CD

Chris Page

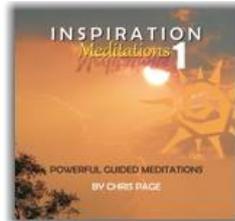
This is the first in a series of Guided Visualisation Meditation CDs aimed at helping with the challenges of everyday living. The meditations are all calming yet energetically powerful with soothing melodies and gentle relaxing music. A brief introduction to meditation, is followed by three meditations: to release stress and relax; to create wealth and abundance; and to release pain from the past.

9780620320000

CD

R195.00

Published by Chris Page



Deepening the Dimension of Stillness

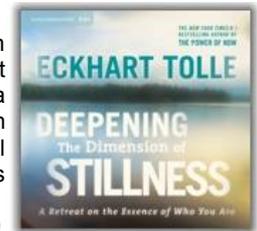
A Retreat on the Essence of Who You Are

Eckhart Tolle

Tolle invites us to take the next step from occasional glimpses of spiritual awakening that more and more of us have experienced into a new, empowered, and lasting way of being in the world. Join him for a transformational retreat dedicated to fulfilling what he considers our ultimate purpose in life.

9781604078756 6 CDs 350 Min R1050.00

Published by Sounds True



Proof of Heaven

A Neurosurgeon's Near-Death Experience

and Journey into the Afterlife

Audiobook Unabridged

Eben Alexander M.D.

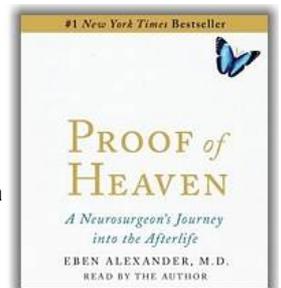
Dr. Alexander, a neurosurgeon, believed that near-death experiences are impossible. Then his brain was attacked by a rare illness. For 7 days he lay in a coma. As his doctors considered stopping treatment, Alexander's eyes popped open. His recovery is a miracle, but the real miracle is that while his body lay in coma, he journeyed beyond this world and encountered an angelic being who guided him into the deepest realms of super-physical existence. There he met the Divine source of the universe itself.

9781442359314

5 CDs

R525.00

Published by Simon & Schuster



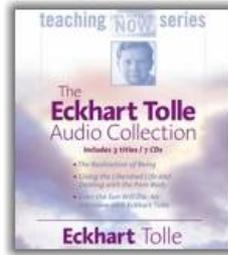
Bestsellers - CDs

Top Sellers – CDs

All published by Sounds True

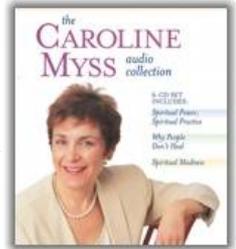
The Eckhart Tolle Audio Collection Eckhart Tolle

A gifted teacher's most popular audio sessions are available in one convenient resource, with *The Eckhart Tolle Audio Collection*. This special slip-cased edition includes three audio bestsellers with Eckhart Tolle: *The Realization of Being*; *Living the Liberated Life and Dealing with the Pain-Body*; *Even the Sun Will Die*.
9781591790037 7 CDs 450 Min R895.00



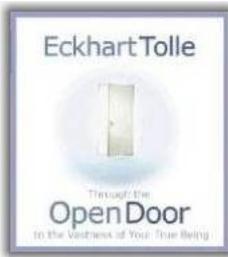
The Caroline Myss Audio Collection Caroline Myss

The Caroline Myss Audio Collection brings together for the first time her most popular original audio sessions into one convenient resource. Complete with a 24-page booklet, this slip-cased edition includes three classic sessions: *Spiritual Power*, *Spiritual Practice*; *Why People Don't Heal*; *Spiritual Madness*.
9781564559487 6 CDs 420 Min R675.00
+ Study Guide



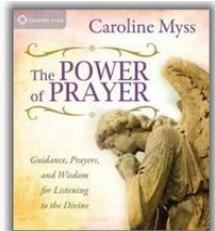
Through the Open Door CD to the Vastness of Your True Being Eckhart Tolle

Once you've experienced the power of the present moment, what's next? Tolle invites you to join him on a path that takes us even further into the profound experience of pure presence. Eckhart's listeners often report that they play his recordings time and again in order to experience his unique ability to transport them to a state of awakened consciousness.
9781591794066 2 CDs R295.00



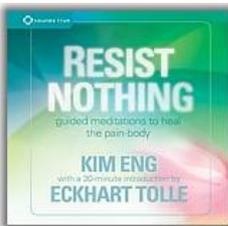
Power of Prayer CD Guidance, Prayers, and Wisdom for Listening to the Divine Caroline Myss

Experience prayer at its most profound level - as a direct channel into union with God. There comes a point in our lives when we are called to pray - when we see that our rational minds cannot make sense of the mystery of life and we realize that we need another way. Myss offers new insights into the most important tool available to us on our spiritual journey - and for calling upon the grace that will never fail to guide us.
9781604075700 3 CDs R375.00



Resist Nothing Guided Meditations to Heal the Pain-Body Kim Eng & Eckhart Tolle

Why do our negative experiences seem to stay with us so persistently? It is because they are the fuel for what Tolle calls the pain-body, an energetic field that actually feeds on toxic thoughts and emotions. Liberation from the pain-body is not about repressing or denying our thoughts. Instead, as Eckhart's teaching partner Kim Eng reveals, we must develop a complete receptiveness to all experience - rejecting nothing, judging nothing, and resisting nothing.
9781591797814 2 CDs 142 Min R295.00



Biology of Belief CD Unleashing the Power of Consciousness, Matter and Miracles Bruce H Lipton

Lipton has received widespread acclaim as one of the most accessible and knowledgeable voices of "new biology." The science is called epigenetics, a revolutionary field that shows us how the energy of consciousness is as important in shaping life on earth as DNA and chemistry. Dr. Lipton brings his clarity, insight, and humour to unveiling a profound change in how we perceive the way life works.
9781591795230 3 CDs R375.00

